



Product Information and Traditional & Alternative Uses

For centuries, Myrtle has been used to benefit the skin, the respiratory system, the hypothalamus, and thyroid. It is known to soothe skin discomfort as simple as acne or as painful as hemorrhoids. It targets the cells in the lungs to relieve asthma and persistent cough, as well as a sinus infection, sore throat or lung infections. By communicating with the hypothalamus at the cellular level, it can benefit those who struggle with a hyperthyroid syndrome.

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|--------------------------|-------------------|
| 1 WHOOPING COUGH | 5 DIARRHEA |
| 2 RESPIRATORY INFECTIONS | 6 THYROID SUPPORT |
| 3 COUGH | 7 SKIN CARE |
| 4 BLADDER CONDITIONS | |

Primary Action - Thyroid Support & Skin Care:

THYROID SUPPORT: Apply one drop topically over the thyroid to help with hyperthyroidism.

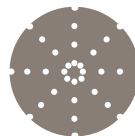
SKIN CARE: After exfoliating apply undiluted myrtle directly so areas affected by acne and other oily skin conditions.

WHOOPING COUGH/RESPIRATORY INFECTIONS: Add 3-5 drops to the bottom of the feet and around the prostate. Or add to diffuser and diffuse throughout the day.

SKIN CARE: Make a homemade skin astringent. Combine 1/4 cup witch hazel, two tsp. vegetable glycerin, 1 tbsp aloe vera gel, 10 drops palmarosa, 10 drops myrtle, 5 drops tea tree and five drops lavender. Add to 4 oz spray bottle fill the remainder with distilled water or hydrosol (preferably rose, geranium, or lavender). Shake well apply to your face directly after exfoliating.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Consult your primary care provider before making any changes to your current dietary regimen. Many essential oils may enhance or decrease the effectiveness of prescription drugs.



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