



Product Information and Traditional & Alternative Uses

This Aeroma single essential oil targets the immune system with a special emphasis on chronic respiratory function as it's able to battle harmful bacteria and viruses including those ailments which have been endured long-term, as well as allergies. It's proven to be effective against discomfort in the skeletal system making it ideal for rheumatoid arthritis. It's long been recognized in studies to battle abdominal cramping, cholera, typhoid, osteoporosis and even food poisoning.

- | | | |
|---------------------------|-------------------------------|-----------------------|
| 1 INFLUENZA | 5 NERVE TONIC | 8 DISINFECTANT |
| 2 VIRAL INFECTIONS | 6 EXPECTORANT | |
| 3 SLEEP DISORDERS | 7 BACTERIAL INFECTIONS | |
| 4 ENERGIZER | 8 FUNGAL INFECTIONS | |

Primary Action - Relaxing & Detox:

INFLUENZA/VIRAL INFECTION/ENERGIZER/EXPECTORANT: Add five drops to Aeroma Plus diffuser or 10-15 drops to Aeroma Pure diffuser and diffuse throughout the day.

BACTERIA INFECTIONS: Apply neat directly on affect area.

NERVE TONIC: Add 1-2 drops to your favorite Enoscents lotion and massage into the area of irritation.

CALMING/RELAXATION: Apply 1-2 drops to the back of the neck and temples. Practice relaxations techniques such as deep breathing, positive affirmations, meditation, etc. Add 2-5 drops to each scoop of Star Flake bath salt and take a blissful bath.

