

Product Information and Traditional & Alternative Uses

Bergamot, Geranium, Fennel, and Coriander essential oils compile this blend created especially for the female reproductive system by helping to balance the hormones and act as an estrogen modulator. By contributing to release the excess estrogen that is bound in tissues which cause estrogen dominance, fat in the body can be released through the urinary system and thus the hormone function can be balanced which then leads to an improvement in the performance of the muscular and connective tissue in the reproductive system.

- 1 **SEDATIVE**
- 5 **ESTROGEN MODULATOR**
- 2 **APHRODISIAC**
- 6 **TONES SKIN**
- 3 **BALANCE HORMONES**
- 4 **ANXIETY**

Primary Action - Women's Health:

SEDATIVE: Add to diffuser and diffuse throughout the day.

BALANCE HORMONES: Diffuse throughout the day. Apply 1-2 dropsto the back of the neck and temples. Apply 2-4 drops to the bottom of the feet, focusing on ankle bones and tops of feet.

ANXIETY: Add 1-2 drops to 4-6oz of herbal tea (chamomile preferred).

TONED SKIN: Add 1-2 drops to Enlighten wrinkle cream. Massage into skin for toning.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Consult your primary care provider before making any changes to your current dietary regimen. Many essential oils may enhance or decrease the effectiveness of prescription drugs.

