

Product Information and Traditional & Alternative Uses

Best known as the essential oil of beauty. This Aeroma single is legendary for its impact on the outside of the body, such as the smooth skin and thick hair growth, to the inside of the body as it carries cellular communication which helps to balance overwrought emotions, providing a calming effect even from extreme trauma. It's also known for its aphrodisiac effects. In India, they decorate the bed of the newlyweds on the wedding night due to its aphrodisiac quality.

- 1 SKIN HEALTH
- 2 ENERGIZING
- 3 REDUCE PMS SYMPTOMS
- 4 HAIR CARE
- 5 APHRODISIAC
- 6 HEART HEALTH

Primary Action - Relaxing & Detox:

ENERGIZING/HEART HEALTH: Add five drops to Aeroma Plus diffuser or 10-15 drops to Aeroma Pure diffuser and diffuse throughout the day.

REDUCE PMS SYMPTOMS: Apply 2-3 drops to the back of the neck and uterine area. Gently massage in a clockwise motion in the uterine area.

HAIR CARE: Add 4-5 drops to jojoba oil massage directly into the scalp for a more healthy and shiny hair appearance.

