

## Product Information and Traditional & Alternative Uses

Spice of life Loyol essential oil supplement contains premium organic, wild-crafted essential oils. Proprietary blend of Cinnamon Bark, mandarin orange, Lemon, Lime, Clove Bud, Nutmeg, Black Cumin, Eucalyptus Radiata, Ravensara, Red Thyme, Oregano essential oils. Research from as early as the 14th century has demonstrated that the constituents in this proprietary blend are powerfully effective in battling bacteria and viruses.

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|---|--------------------|---|-----------------|
| 1 | DIETARY SUPPLEMENT | 5 | IMMUNOSTIMULANT |
| 2 | THROAT SOOTHING    | 6 | UPSET STOMACH   |
| 3 | COLD               | 7 | MOUTH WASH      |
| 4 | FLU                |   |                 |

### Primary Use - Immunostimulant:

**A SORE THROAT:** Apply 1-2 drops to tongue swish around in mouth before swallowing. Make a tea by adding 2-3 drops to 4-6oz of warm water, mix with one teaspoon of honey and sip. Dip a tooth pick in Spice of Life and suck on it throughout the day. Make a sore throat cough syrup. Three tablespoons of fresh lemon juice, 1/4 cup raw honey, two tablespoons of coconut oil. Mix all ingredients in a saucepan heat on low heat until all ingredients are incorporated. Remove from heat and allow to cool for 5 minutes. Add 15 drops spice of life, 8 drops lemon, and 6 drops cinnamon bark. Use a spoonful when needed.

**UPSET STOMACH:** Make a tea by adding 2-3 drops to 4-6oz of warm water, mix with one teaspoon of honey and sip.

**ORAL BACTERIA:** Make a mouthwash by adding 4-6 drops to 8oz of warm water. Gargle for 30-45 seconds.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\*\*Consult your primary care provider before making any changes to your current dietary regimen. Many essential oils may enhance or decrease the effectiveness of prescription drugs.

