

Product Information and Traditional & Alternative Uses

Turmeric has a lengthy history as a spice and coloring agent. Furthermore, turmeric essential oil is a vital natural health agent — one that has some of the most promising anticancer effects around. Not surprising when you consider that turmeric has at least 20 molecules that are antibiotic, 14 that are known cancer preventatives, 12 that are anti-tumor, 12 that are anti-inflammatory and that there are at least ten different antioxidants in turmeric.

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| 1 FOOD ADDITIVE | 5 RELIEVES ANXIETY |
| 2 INFLAMMATION | 6 IMMUNOSTIMULANT |
| 3 LIVER HEALTH | 7 IMPROVES CIRCULATION |
| 4 RELIEVES DEPRESSION | |

Primary Use - Immunostimulant & Food Additive:

LIVER HEALTH: Add one drop to your Be Young Defend liver cleanse.

DEPRESSION/ANXIETY: 1 drops by mouth daily or as needed. To provide additional benefits enhance use with Loyol black pepper essential oil.

IMMUNOSTIMULANT: 1 drops by mouth daily or as needed.

FOOD ADDITIVE: When cooking use 1/2 to 1 drop. Best to dip the tip of a toothpick. (Be Young Loyol essential oils are very concentrated for many recipes one drop may be too much). Add at the very end of cooking to keep it from flashing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Consult your primary care provider before making any changes to your current dietary regimen. Many essential oils may enhance or decrease the effectiveness of prescription drugs.

