



Product Information and Traditional & Alternative Uses

Coriander contains a wide variety of bioactive compounds a multitude of beneficial compounds, including its ability to act against bacteria, reduce convulsions, lower depression, protect DNA, reduce inflammation, decrease anxiety, and to lower cholesterol. Coriander is considered one of the earliest spices in the world.

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| 1 LOSS OF APPETITE | 5 ANTIFLATULENT | 9 URINARY TRACT INFECTIONS |
| 2 NAUSEA | 6 EASE DIGESTIVE DISCOMFORT | 10 FLAVORING AGENT |
| 3 DIARRHEA | 7 FOOD POISONING | |
| 4 STOMACH STIMULANT | 8 LOWER BLOOD SUGAR | |

Primary Use - Digestive Support & General Health:

NAUSEA/DIGESTIVE DISCOMFORT/FOOD POISONING: Mix 2 drops of coriander with one teaspoon of pure honey. Add honey and oil mixture to 8 oz of water and sip over 10-15 minutes. For additional benefits add one drop of Loyol ginger and one drop Loyol dill to honey and coriander mixture. You may need to make many teas throughout the day to help soothe food poisoning symptoms.

LOWER BLOOD SUGAR: Use one drop directly under the tongue.

DIARRHEA: Add two drops to 1/2 cup of buttermilk. Sip over 10-15 minutes.

ANTIFLATULENT: 1 drop directly to the tongue 10-15 minutes before a meal.

