



Product Information and Traditional & Alternative Uses

Rosemary is one of the most potent essential oils on the planet. Paracelsus, a renowned German-Swiss physician, valued rosemary oil because of its ability to strengthen the entire body. He believed that rosemary oil had the capacity to heal delicate organs such as the liver, brain, and heart. Anciently, the Romans gave particular importance to the rosemary plant and used it frequently in religious ceremonies.

- 1 FLAVORING AGENT**
- 2 GUM HEALTH**
- 3 TEETH HEALTH**
- 4 REDUCES BAD BREATH**
- 5 SOUR STOMACH**
- 6 COLD AND FLU**
- 7 REDUCE INFECTIONS**

Primary Use - Food Additive & Oral Health:

FLAVORING AGENT: Start with a toothpick dipped in the oil and stirred into the mixture, and then add more to taste as needed.

REDUCES BAD BREATHE: Add 3-4 drops to 8oz of water and use as a gargle. Gargle for 30-45 seconds. Or place one drop under the tongue followed with a glass of water.

TEETH/GUM HEALTH: Add one drop to toothbrush and brush for 45-60 seconds.

REDUCE INFECTIONS: 1 drops by mouth daily or as needed. Up to 3 times daily.

