



## Product Information and Traditional & Alternative Uses

Lavender, one of the most used essential oil in the world. It is more popularly used as an aromatic oil for aromatherapy, but there are many strong and promising benefits for the use of lavender as a dietary aid (please see our Loyol Lavender Essential Oil). For instance, topical and aromatic use of lavender has been shown to have a potent antimicrobial, analgesic, and toning effect on the skin. Making it the perfect companion for burns, and scrapes.

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|-------------------------------|----------------------------|-------------|
| ➊ REDUCES PAIN (BURNS & CUTS) | ➋ HELPS DEMENTIA VICTIMS   | ➌ HEAD LICE |
| ➍ IMPROVES ECZEMA & ACNE      | ➎ REDUCES STRESS & ANXIETY |             |
| ➏ CARE AFTER CHILDBIRTH       | ➐ REDUCE EAR PAIN          |             |
| ➑ IMPROVES SLEEP              | ➒ ALLIVIATE HEADACHE       |             |

### Primary Use - Pain & Anxiety:

**BURNS AND CUTS:** Apply 2-3 drops undiluted on affect area multiple times throughout the day as needed.

**STRESS:** Apply 1 drop to Q-Tip and swap infected area of skin.

**IMPROVES SLEEP:** Add to a difuser and difuser 30 mintues prior to retiring to bed. Allow to difuse throughout the night.

**HEADACHE:** Add 2 drops of Aeroma lavender with 2 drops of Aeroma peppermint. Apply to the back of the neck, temples, and the lateral side of the forehead. Add to a difuser and difuse throughout the day.

