



## Product Information and Traditional & Alternative Uses

Lemon is best known for its capability to purge toxins from any part of the body and is widely used to stimulate lymph drainage and rejuvenate energy. Additionally, when taken orally (see Loyol lemon essential oil) it provides cleansing and digestive benefits and has been used traditionally to supports healthy respiratory function

- |                           |                         |
|---------------------------|-------------------------|
| <b>1 CLEANING</b>         | <b>5 HAIR/NAIL CARE</b> |
| <b>2 AIR FRESHENER</b>    | <b>6 ASTHMA/ALLERGY</b> |
| <b>3 DISINFECTANT</b>     | <b>7 SKIN CARE</b>      |
| <b>4 IMMUNE STIMULANT</b> | <b>8 LAUNDRY</b>        |

### Primary Use - Air Purifier & Home Cleaning:

**CLEANING/DISINFECTANT:** Use to disinfect your your home and for those hard to remove sticky goey items use 2-4 drops and scrub the goo away.

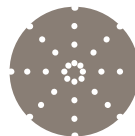
**HAIR/NAIL CARE:** Add a 3-4 drops of lemon oil to a 4oz spray bottle of water. Spray on hair then go out in the sun for natural highlights. Apply lemon oil to your nails to soften cuticles and restore health to your nails.

**LAUNDRY:** If you leave your cloths too long in the washer, just add a 3-4 drops of lemon and your clothes won't get that nasty smell.

**IMMUNE SYSTEM:** Add one drop of lemon to the bottoms of your feet to reduce fever and provide infection relief. Add Spice of Life for added support.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\*\*Consult your primary care provider before making any changes to your current dietary regimen. Many essential oils may enhance or decrease the effectiveness of prescription drugs.



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