



Product Information and Traditional & Alternative Uses

When you need the benefit of right-brain thinking, this deliciously fragrant essential oil is good to have on hand. It's also a great fragrance to chase away the blues and melancholy. This essential oil is also good for nourishing dry, irritated and acne-prone skin when mixed with a carrier oil. It also may be used effectively for a refreshing treatment of calluses on your feet.

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| 1 PREVENTS HYPERTENSION | 5 REDUCE COLDS AND FLU | 9 BREAST SORES |
| 2 CLEANER | 6 KIDNEY STONES | |
| 3 ANTIBACTERIAL | 7 ANTI-INFLAMMATORY | |
| 4 ASTHMA | 8 CIRCULATION ENHANCER | |

Primary Use - Antibacterial & Immunity:

PREVENTS HYPERTENSION: Add to difuser and difuse throughout the day.

CLEANER: Add 5-10 drops to cleaning solution or water for an added antibacterial boost..

REDUCE COLDS AND FLU: Use in a difuse throughout the day. Add 2 drops with 2 drops of Aeroma Frankincense or Sacred Frankincense to the chest and throat. Use a heating pad or warm compress to enhance.

BREAST SORES: Add 12 drops to 1/2 ounce of camelina and 1/2 ounce of avacado oil. Apply to the sore 3-4 times daily as needed.

