



Product Information and Traditional & Alternative Uses

Eucalyptus is native to Australia and over the past few centuries has migrated to other parts of the world including, Europe and South Africa. The numerous health benefits of eucalyptus oil have attracted the attention of the entire world. Eucalyptus is one of the most researched essential oils, and has been considered for its potential positive benefit on a broad range of concerns ranging from everything from reducing inflammation and pain to killing leukemia cells!

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|-------------------------------------|---------------------------|-------------------------|
| 1 DECONGESTANT | 5 INFECTIONS | 9 OSTEOARTHRITIS |
| 2 EXPECTORANT | 6 WHOOPING COUGH | 10 ACNE |
| 3 MUSCULOSKELETAL CONDITIONS | 7 ASTHMA | 11 WOUNDS |
| 4 ANTIMICROBIAL | 8 PULMONARY ISSUES | 12 BURNS |

Primary Action - Decongestant & Expectorant:

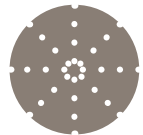
DECONGESTANT/EXPECTORANT/WHOOPING COUGH/ASTHMA: Option 1: Add five drops to Aeroma Plus diffuser or 10-15 drops to Aeroma Pure diffuser and diffuse throughout the day. Option 2: Apply 2-3 drops to your chest. Option 3: Make a decongestant chest balm. Add 1/4 cup of coconut oil and two tsp of grated beeswax to a double boiler. Heat just until they are melted and incorporated together. Allow 2-3 minutes to cool then add 20 drops Aeroma Breathe, 8 drops Aeroma Eucalyptus, and 8 drops Aeroma rosemary. Allow cooling then apply as needed to the chest area.

ACNE: Apply to the end of a Q-Tip then apply to affected area.

WOUNDS AND BURNS: Modify decongestant chest balm recipe to omit breathe and include ten drops each of lavender and helichrysum essential oil.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Consult your primary care provider before making any changes to your current dietary regimen. Many essential oils may enhance or decrease the effectiveness of prescription drugs.



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