



Product Information and Traditional & Alternative Uses

Expertly harvested from the resin of wild-crafted trees in Oman, the constituents of this essential oil are best known for their influence on the respiratory system and the soothing of emotions. Used aromatically and topically it has a beneficial impact on strained mental capacity and emotions. As well as a powerful natural antibiotic that can be used in place of potentially dangerous synthetic options.

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| 1 COLIC | 5 ARTHRITIS PAIN | 9 OSTEOARTHRTIS |
| 2 ANTIBIOTIC | 6 WOUND HEALING | |
| 3 COLD AND FLU RELIEF | 7 WOMEN TONIC | |
| 4 SKINCARE | 8 PURIFYING AIR | |

Primary Action - Relaxing & Detox:

ANTIOBIOTIC OINTMENT: Place 2 oz of shea butter in a double boiler and allow it to melt. Remove from heat for 3-4 minutes and mix in the essential oil. Add ten drops frankincense, ten drops lavender, five drops geranium, 3 drops Yuzu. Allow to cool, store in a cool dark place until ready to use.

COLD & FLU: Apply 2-3 drops to the bottom of your feet and your chest. Add five drops to Aeroma Plus diffuser or 10-15 drops to Aeroma Pure diffuser and diffuse throughout the day.

ARTHRITIS PAIN: Add five drops each of Aeroma frankincense and birch with one drop each of Aeroma turmeric, ginger and balsam fir. Add 1/8 teaspoon of cayenne powder with ten drops avocado oil Apply to area of pain.

