



## Product Information and Traditional & Alternative Uses

Contains organic and wild-crafted Spruce, Geranium, Orange, Juniper Berry, Cedarwood, Ylang Ylang, Blue Tansy, Rose and Lavender essential oils: This blend was expertly crafted to act as a mental clarifier, specifically to aid the mind in processing raw data. As the technology and busy-ness of our day cause many to leap from one crisis to another, our thoughts become overstimulated. This blend counteracts this effect while also encouraging necessary emotional balancing to occur. Restoring relief and clarity where confusion, anxiety and mental overload previously existed.

- |                           |                  |                  |
|---------------------------|------------------|------------------|
| ① CROWN CHAKRA            | ⑤ CALMING        | ⑨ PURIFY THE AIR |
| ② SPIRITUAL UNDERSTANDING | ⑥ CREATIVITY     | ⑩ ELEVATES MOOD  |
| ③ EMOTIONAL RELEASE       | ⑦ FOCUS THE MIND |                  |
| ④ BALANCES THE BRAIN      | ⑧ WOUND HEALING  |                  |

### Primary Action - 7th Chakra & Emotions:

**SPIRITUAL UNDERSTANDING & FOCUS THE MIND:** Add 1-2 drops to the crown chakra before meditation, positive affirmations, prayer, and other forms of meditation.

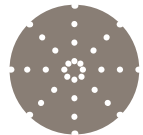
**BALANCE THE BRAIN:** Diffuse throughout the day. Apply behind the back of the neck and temples.

**CREATIVITY:** Add 1-2 drop to any or all of the following acupressure points: GV-20, GB-14, GV-24.5, GV-26, GB-20, BL-10. If you do not know these acupressure points, apply to temples and crown chakra.

**PURIFY AIR & ELEVATE MOOD:** Diffuse throughout the day. Apply behind the back of the neck and temples.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\*\*Consult your primary care provider before making any changes to your current dietary regimen. Many essential oils may enhance or decrease the effectiveness of prescription drugs.



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