



## Product Information and Traditional & Alternative Uses

Loving Care Aeroma essential oil contains premium organic, wild-crafted Geranium Lavender, Bergamot, Ylang Ylang, Rosewood, Lemon, Sandalwood essential oils. These constituents were blended with the expectant mother in mind to aid the muscles of the reproductive system during pregnancy and childbirth. Additionally, many of the essential oils included within this blend has a long history of enhancing mood, balancing hormones, and reducing inflammation.

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|------------------------------|---------------------|-------------------|
| ① SKIN TONIC                 | ⑤ ACNE              | ⑨ NIGHT TERRORS   |
| ② REDUCES SCAR TISSUE        | ⑥ BALANCES EMOTIONS | ⑩ RELAXES MUSCLES |
| ③ STRETCH MARKS              | ⑦ MOTIVATES         | ⑪ REDUCE WRINKLES |
| ④ TEARING DURING CHILD BIRTH | ⑧ ELEVATES MOOD     |                   |

### Primary Action - Maternity:

**SCARE TISSUE/STRETCH MARKS:** Apply 1-3 drops to scar tissue. For added benefit perform non-gliding fiction massage or skin rolling.

**REDUCE TEARING DURING CHILDBIRTH:** Soak a rag in a solution containing warm water and 5-6 drops of Loving Care. Apply to the vaginal area a minimum of 30 minutes before delivery. Repeat process if rag becomes cold.

**ACNE:** Apply one drop to a cotton swab and apply to infected area.

**BALANCE EMOTIONS:** Diffuse throughout the day.

**REDUCE WRINKLES:** Add 1-2 drops to Enlighten wrinkle cream for added benefit.

