



Product Information and Traditional & Alternative Uses

Black pepper is one of the most widely used spices on the planet. It's valued not only as a flavoring agent but also for a variety of other purposes. In recent, research has explored the many benefits of black pepper essential oil and its major active principle, piperine, which can enhance the digestive system and protect us against oxidative damage.

- 1 **FOOD ADDITIVE**
- 2 **ANTI-INFLAMMATORY**
- 3 **DIGESTIVE AID**
- 4 **PROMOTES CIRCULATION**
- 5 **REDUCE CIGARETTE CRAVING**
- 6 **DETOXIFYING**
- 7 **SUPPRESS APPETITE**

Primary Use - Digestive Aid & Flavoring:

FOOD ADDITIVE: When cooking use 1/2 to 1 drop. Best to dip the tip of a toothpick. (Be Young Loyol essential oils are very concentrated for many recipes one drop may be too much). Add at the very end of cooking to keep it from flashing.

DIGESTIVE AID: Add 1-2 drops to a capsule or do the "lick trick." To boost the performance, do one drop of Loyol Black Pepper with one drop of Loyol Di-Gest blend.

CIRCULATION: Add one drop to a capsule or do the "lick trick." Use with Loyol Turmeric to enhance.

