

garlic



be bodysmart

loyol

ESSENTIAL OIL SUPPLEMENTS

Product Information and Traditional & Alternative Uses

The Garlic oil is extracted from the crushed cloves of garlic by the process of steam distillation. It was best known for medicinal purposes throughout the history. It has antiviral, antifungal and antibacterial properties. It helps to prevent a broad range of conditions from heart diseases (such as atherosclerosis, high cholesterol, and high blood pressure) and cancer (such as stomach and colon cancers).

- 1 **FOOD ADDITIVE**
- 2 **IMMUNOSTIMULANT**
- 3 **CARDIOVASCULAR SUPPORT**
- 4 **TOOTH ACHE**
- 5 **STIMULATING**
- 6 **BODY ACHES**

Primary Use - Stimulant & Food Additive:

FOOD ADDITIVE: When cooking use 1/2 to 1 drop. Best to dip the tip of a toothpick. (Be Young Loyol essential oils are very concentrated for many recipes one drop may be too much). Add at the very end of cooking to keep it from flashing.

IMMUNOSTIMULANT: 1 drops by mouth daily or as needed.

A TOOTHACHE: Apply 2-3 drops to a cotton ball leave on affected tooth for 10-30 minutes.

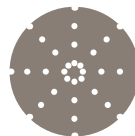
BODY ACHES: One drop by mouth daily up to 3 times.



be young
TOTAL HEALTH

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Consult your primary care provider before making any changes to your current dietary regimen. Many essential oils may enhance or decrease the effectiveness of prescription drugs.



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