

dill



be bodysmart

loyol

ESSENTIAL OIL SUPPLEMENTS

Product Information and Traditional & Alternative Uses

Harvested from the organic dill seeds in the U.S.A., this essential oil has been showing, in a study at Cairo University, to be one of the best resources for stimulating the pancreas and liver and for promoting the proper production of insulin. Dill essential oil is also a natural preservative with antifungal properties. Its primary impact is on the endocrine system.

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|-------------------|----------------|
| 1 DIGESTIVE UPSET | 5 COUGH |
| 2 FLAVORING AGENT | 7 CANDIDA |
| 3 FEVER AND COLDS | 8 CONSTIPATION |
| 4 FALTULENCE | |

Primary Use - Digestive Aid & Flavoring Agent:

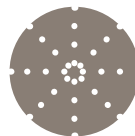
DIGESTIVE UPSET/CONSTIPATION: Mix 2 drops of coriander with one teaspoon of pure honey. Add honey and oil mixture to 8 oz of water and sip over 10-15 minutes. For additional benefits consider adding one drop of Loyol ginger and one drop Loyol dill to honey and coriander mixture. You may need to make many teas throughout the day to soothe the symptoms of food poisoning.

FEVER/COLDS/CANDIDA: 1 drop with one drop of carrier oil. Put in a capsule and take up to 3 times daily.

A COUGH: Add two drop of Loyol dill with one drop of each Loyol turmeric, garlic, and ginger (optional add one drop Loyol eucalyptus). Add essential oil mixture to 1½ cups of raw honey and stir well. Heat 2 cups each of distilled water and apple cider vinegar just hot enough to help the honey to incorporate. Add honey shake well. Use one teaspoon for children up to 3 times daily, and one tablespoon for adults three times daily or as needed.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Consult your primary care provider before making any changes to your current dietary regimen. Many essential oils may enhance or decrease the effectiveness of prescription drugs.



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