



Product Information and Traditional & Alternative Uses

This unique blend crafted Rosewood, Frankincense, Spruce, and Blue Tansy to create precise cellular communication to target the skeletal system and its connective tissues of the spine to provide stability and support to the entire skeletal system. This results in assisting the connective tissue to relax and strengthening the myofascial cells. Chiro Touch blend also has positive outcomes for mild allergies and a more consistent replication of skin cells.

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|--------------------------------|------------------------------|
| 1 MYOFASCIAL COMPLAINTS | 5 JOINT PAIN |
| 2 TENSE MUSCLES | 6 TRIGGER POINTS |
| 3 LOWER BACK PAIN | 7 IMPROVE CIRCULATION |
| 4 NECK PAIN | |

Primary Action - Structural Alignment:

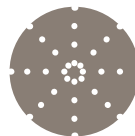
MYOFASCIAL COMPLAINTS: Apply 1-2 drops directly on a location of complaint. To enhance the action wait 30-45 seconds and perform a stretch on the effected area. (Stretch initially for 25 seconds, take a deep breath and go deeper with the stretch.) Repeat throughout the day.

TENSE MUSCLES: Apply 1-2 drops directly on location and massage. To enhance the action add a warm compress.

LOWER BACK PAIN/TRIGGER POINTS: Apply 1-2 drops directly on location and massage. To enhance the effect add a warm compress. Note: much lower back pain originates from the strong leg flexor muscles psoas and iliopsoas. Apply Chiro Touch on the bottom of the feet and perform stretches for flexor muscles. Apply 1-2 drops to known trigger point area. Perform some friction techniques to warm tissue. If applicable, perform trigger point massage/therapy.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Consult your primary care provider before making any changes to your current dietary regimen. Many essential oils may enhance or decrease the effectiveness of prescription drugs.



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