



## Product Information and Traditional & Alternative Uses

Women of royal lines as far back as the 1st Century used this botanical essence to help them physically and emotionally conquer the demands of their day. Due to the high level of phytoestrogens this essential oil has long been recognized to assist with the root causes of anxiety, mood swings, insomnia, and fear. It's also been proven as helpful in supporting a healthy menopausal season and in stabilizing the metabolism.

- ① SUPPORTS HORMONAL BALANCE
- ⑤ SKIN TUMOR
- ⑨ RELIEVES INSOMNIA
- ② REDUCE INFECTIONS
- ⑥ INCREASES CIRCULATION
- ③ KIDNEY DISEASE
- ⑦ REMOVE THORNS FROM SKIN
- ④ PAINFUL MENSTRUATION
- ⑧ REMOVE SPINTERS

## Primary Action - Relaxing & Detox:

**SUPPORT HORMONAL BALANCE/REDUCE INFECTION/INCREASE CIRCULATION:** Add five drops to Aeroma Plus diffuser or 10-15 drops to Aeroma Pure diffuser and diffuse throughout the day.

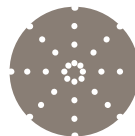
**REMOVE THORNS & SPLINTERS:** Apply one to two drops directly on the area(s) affected. Wait for it to swell gently squeeze, and the thorn or splinter should quickly come out or allow for an easier removal with tweezers.

**RELIEVES INSOMNIA:** Add five drops to Aeroma Plus diffuser or 10-15 drops to Aeroma Pure diffuser and diffuse throughout the day. Apply one to two drops to the bottom of the feet and over the uterine area (for females).

**PAINFUL MENSTRUATION:** Apply 1-2 drops to the uterine area. Massage in a clockwise motion.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\*\*Consult your primary care provider before making any changes to your current dietary regimen. Many essential oils may enhance or decrease the effectiveness of prescription drugs.



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